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MONTHLY NEWSLETTER

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COGA NEWS



WHAT'S IN THIS MONTH'S ISSUE

- From Dads to Dads
- Upcoming Events
- A Little Something to Laugh About



Read some special words written for fathers from some great fathers in honor of Father's Day.

FATHER'S DUTIES

Bishop Ronald Hash

Fathers play a vital and important role in the family. It is no wonder that the devil attacks the family and especially the father. If you are engaged in raising your children, we salute you! If you are a mom, we encourage you to support the involvement in co-parenting with the child's dad. Acknowledge and celebrate his role in your child's life by nominating him for a Good Dad Award and let's pray for fathers to take their rightful place in the homes.

The following are some roles of a good father:

- To Teach: Deuteronomy 6:5-8
- To Train: Proverbs 22:6
- To Provide: 2 Cor 12:14
- To Nurture: Ephesians 6:4
- To Control: 1 Timothy 3:4
- To Love: Luke 15:11 (Prodigal Son)

When dads are present and actively engaged in raising their kids, on average:

1. Have better, healthier relationships

- Make wiser decisions about relationships and are less inclined to have sexual relations too young
- Seven times less likely to get pregnant as a teenager, reducing the number of births, abortions, and STDs among teens



TO FATHERS ON FATHER'S DAY Bishop Arthur West

I would like to talk to those who are fathers or who are expecting to become fathers. There are certain things expected of you that no one else can provide. A father should stay; be a dad; provide spiritual leadership for their children; provide the best he can for his family and should show love to the children's mother.

Children notice how fathers treat their mothers. Be careful how you treat their mother. Many times, boys who see their father being abusive to their mother grow up either to resent their father or abuse those who love them. Let your children see you romance their mother. Open the door for her. Buy her roses for no reason at all. Thank her for the small things she does for you. When you respect and honor their mother, boys will repeat that with their wives and the girls will expect that kind of man for a husband.

One of the top challenges of fathers is to stay. Many leave the mother with the responsibility of raising children alone. But children need both fathers and mothers. It is not easy to stay, but it is important to be there as a parent. The Bible says that fathers are the Children's glory. Proverbs 17:6. When the father is out of the house the Bible says the Glory is absent. Society makes it easy for fathers to leave, but both parents must fight hard to keep the father in the home. Yet being a dad is more than just staying at home. He must interact with his children and should love and nurture them, encouraging them when he can.

When possible, fathers should get involved, with any activities that the children are involved in like ball games, help with assignments, or just taking the family to the park to spend quality time playing with them.

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FATHER'S DUTIES

2. Have better emotional health and control

- More likely to be non-aggressive toward others
- Four times less likely to be prone to anxiety or depression
- Less likely to have behavioral and emotional difficulties contributing to more peaceful and safer schools and community

3. Have better physical health creating healthier communities and reducing health care costs.

- Twice as likely to be physically fit
- Probably more likely to be breastfed and two times less likely to be a victim of sudden infant death syndrome
- 4. Are less likely to become addicted to substances
 - Less inclined to use and abuse alcohol
 - Less likely to become depressed, which sometimes leads to addictive behavior
 - Therefore, reducing the community's costs for treatment, recovery, and rehabilitation

5. Are more likely to feel safe and more confident increasing well-being and success in life

- Ten times less likely to suffer physical or emotional abuse
- Six times less probable that they will suffer neglect

6. Have better odds of academic success and improvement in school performance

- More likely to get top grades
- Two times less likely to repeat a grade or drop out of high school
- Less likely to be suspended or expelled

7. More likely to stay out of trouble or engage in risky behavior

- Less prone to commit a crime or to be imprisoned, which avoids a criminal record, and possible difficulties in getting a good job.
- Reduces the costs of policing, criminal justice, and incarceration
- 8. Reduces poverty
 - Four times less likely to live in poverty at some time in their youth
 - Two times less likely to experience poverty as adults. Therefore, reducing the community's charitable and government costs of providing goods and services for the poor

A Father's Steadfast Love

TO FATHERS ON FATHER'S DAY

The father should be the spiritual leader of his family. He should be the one to carry his family to church and to lead in family devotion. He should be an example of holiness for his children. Truth and honesty are important. He should not make promises he can't keep. Fathers should teach and lead their children by example. Make children want to follow you to church. Our son loves church even to this day. We raised him in church, and we were an example to him. He is now a powerful minister and youth leader who became a great father and spiritual leader in his own rite. Children imitate what we do, not what we say.

Fathers should provide the basics for their children like food, shelter, and clothing. We always provided the best we could for our son. It might not have been what others had but he never complained. Do the best when it comes to supporting your family. Explain to them why you cannot afford and get everything they want but will make sure they have what they need.

So, I repeat to men this Father's Day: Stay, be a dad, be a spiritual leader, provide your best, and show love and respect to your children's mother.

THINK ABOUT IT ...



- "There's no joy quite like the happiness that comes from embracing your kids."
- "Raising kids is the only job where you work 24 hours a day and it actually costs you money."
- "Being a dad is when you realize you can actually like people who puke in your car multiple times."
- "I leveled up from husband to father."



DAD

Michael Earls

An anonymous writer once said a dad is a son's first hero and a daughter's first love. Whether he's called father or dad he is one of the most influential figures in a child's life. He is a provider, protector, teacher, disciplinarian, and comedian to his children.

Dads should be a positive living example for their children. From the beginning of life, a child watches his/her dad and will mimic or follow his behavior. Since children are a product of their environment, it is imperative to set positive examples for them to follow.

As a provider, the dad is responsible for ensuring his child has, basic needs like shelter, food, and clothing, and emotional and psychological support when needed. Dads should protect their families and give discipline. But discipline should always be done out of love and caring, never from anger and to instill fear. A dad should teach their children about the goodness of God.

Each dad is unique, yet his goal should be to guide, protect, and prepare his children through every stage in life and to give his child or grandchild a godly example of a life well-lived!



WHY JESUS HONORED HIS FATHER Bishop Cecil Reid

Have you ever wondered why Jesus always gave reference, reverence, and all recognition to his Father even though he and his Father are one? (John 10:30-33) You can learn why in my essay "Why Jesus Honored His Father" on www.cogainc.org. Wishing all fathers, a *Happy Father's Day!*

UPCOMING EVENTS

JUNE

- 12th > Southern District
 43rd Founder's Day Program
- 19th > Father's Day
- 19th > Juneteenth

- JULY -
 - 18th 27th > COGA (Zoom Meeting) Church Growth Conference
 - 31st > Mission Auxiliary Day

Find more information on www.cogainc.org

A LITTLE SOMETHING TO LAUGH ABOUT

- "Being a dad is about creating a human when you aren't necessarily capable of putting together a bookcase without help."
- "I know when my kids need money because that's when they laugh at my jokes."
- "Dad, I wish I'd inherited your ability to fall asleep anywhere anytime."
- "I wouldn't trade my dad for anything. Then again, no one has offered me anything yet."
- "For the first two years, being a good dad is mostly about keeping your kid from finding new and creative ways to hurt himself."
- What I've learned from my father Bishop Cecil Reid? Other than prayer, the next best thing for anything that ails you is a laxative...Sylvia Reid